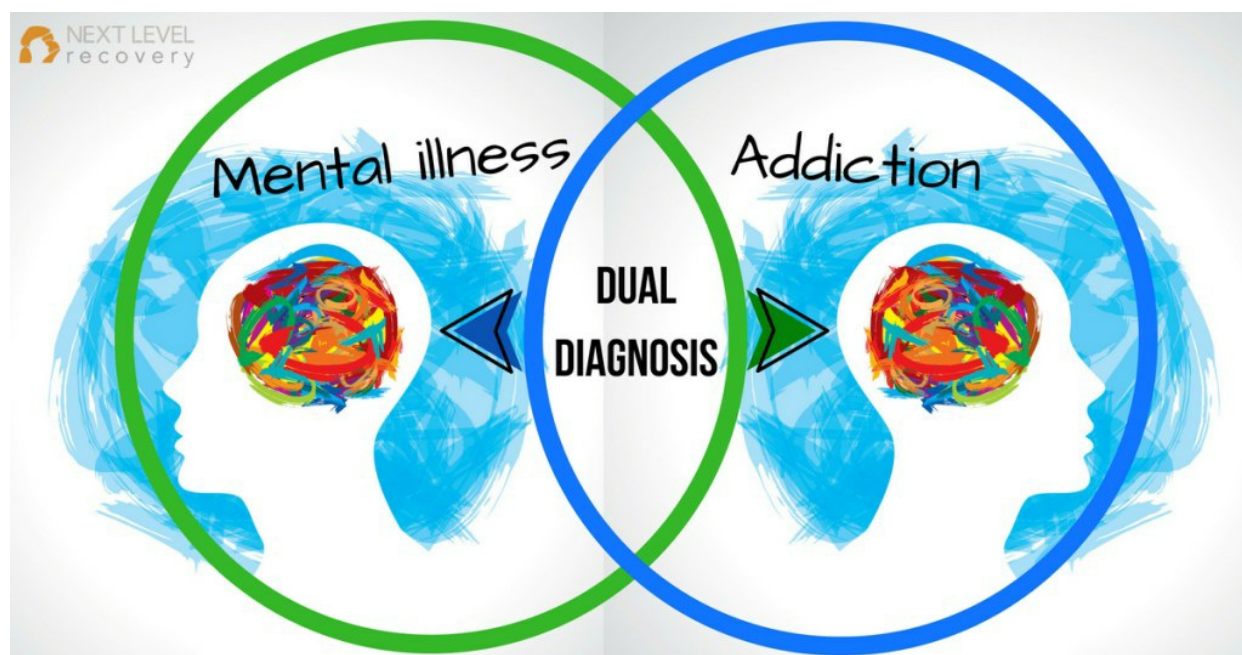


Dual Diagnosis Treatment for Co-Occurring Disorders in Salt Lake City, Utah

nextlevelrecovery.com/dual-diagnosis-treatment-for-co-occurring-disorders-in-salt-lake-city-utah



What is Dual Diagnosis?

Have you ever asked yourself what is dual diagnosis? ***Dual diagnosis refers to a condition where an individual experiences one or more mental illnesses in combination with an addiction to drugs or alcohol.*** Most individuals with dual diagnosis turn to self medicating, where they use drugs or alcohol in an attempt to deal with depression, anxiety and any other emotions that are painful for them to handle. However, this may lead to drug or alcohol addiction that will later require affected individuals to visit the nearest dual diagnosis treatment center for treatment.

At **Next Level Recovery** we understand how challenging it is to suffer from mental illness and addiction. ***Our professionals are passionate about helping you or your loved one finally calm the storm, and live a full and happy life, sober.*** Contact our SLC, Utah substance abuse recovery center at 801-719-5397 to get the help you deserve.

Effects of Co-Occurring Disorders

Although dual diagnosis can affect any member of the society, ***research shows that men are most likely to suffer from these disorders compared to women.*** This condition is also common among individuals who have medical issues, socioeconomic status, jailed and prison inmates and veterans of the army. Those who are left untreated and do not understand what dual diagnosis definition means can be left ***lonely, homeless, alienated from the community, family, and friends.*** Victims are also left to face ***possible jail time, divorce, loss of employment, loss of child custody, drug overdoses and even***

untimely death on their own.

The effects of dual diagnosis on individuals and the society at large can be dire. Providing separate mental health care and other additional services may be costly to the community. Expenses even rise higher when victims go through criminal justice and healthcare systems again and again since a lot of money is required to foot the medical bills.

Signs and Symptoms of Co-Occurring Disorder

Symptoms vary widely among those who are affected, but common signs include ***withdrawal from friends, family***, and other social groups such as organizations, clubs, community activities, ***inability to obtain and keep gainful job employment*** and most commonly ***involvement in risky activities*** and behaviors such as driving under the influence of alcohol.

Other signs include ***schizophrenia*** where the victim develops a mental state that is constantly under ***hallucinations*** that are usually accompanied with or without delusional patterns of thought and disorganized speech as well as uncontrolled changes in the normal body movement. Other possible symptoms under schizophrenia include an ***inability to experience pleasure, emotional flatness, problems with memory and attention.***

Another common symptom is ***bipolar disorder*** where affected individuals experience relatively low bouts of an unusual excitable state which is commonly referred to as ***mania***. Also, some victims may develop ***longer bouts or major depressions***. Mania symptoms include reduced sleep, jitteriness, increased talkativeness, inflated sense of self and elation. Depression symptoms include a change in appetite, down mood, changing sleep patterns, feeling of sadness with or without worthlessness and suicidal thoughts.

Dual Diagnosis Treatment

Co occurring disorders treatment provide patients with well-organized plans that are designed to address their mental health and addictions problem. Initially, mental illness and drug abuse were treated separately, and all treatment programs were generally under one-size-fits-all approaches that did not take into consideration individual personalities, weaknesses and strengths of patients. Mental health experts of the past also believed that it was necessary to treat drug addictive disorders before moving on to psychiatric illnesses. However, ***modern-day treatment options are more effective*** and quick. ***The modern methods of treatment of dual diagnosis include;***

- Individual therapy
- Belief restructuring
- Detox services
- Drug and alcohol addiction treatment
- Hormone level testing
- Art and music therapy
- Traditional cognitive behavioral therapy
- Medication management

Next Level Recovery is a Dual Diagnosis Treatment Center

Our qualified experts at Next Level Recovery work closely with each patient to determine the best possible ways and actions that will make them achieve ultimate healing. As you visit or take your loved ones to our dual diagnosis treatment facility, understand that there are no standard treatment options that produce optimal treatment results with ***every*** affected individual since ***everyone has a unique relationship with his or her mental health and substance abuse issues.***

Are you or your loved one struggling with co-occurring disorders in Salt Lake City, Utah? Make an appointment with Next Level Recovery today and enjoy our dual diagnosis treatment programs. ***We are here to help you overcome your addiction to drugs or alcohol and take control of your life.*** We offer financing options and accept insurance. Give us a call at 801-719-5397 today